



Are you
in a New York
state of mind?

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JULY 2008

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New York: Be a Part of It

Ahh, New York. It's true when they say, there's nothing quite like it. The city that never sleeps always has something to offer, no matter what your fancy may be. World-class restaurants, Broadway, shopping- you name it and New York's got it.

Known as the financial capital of the world, with London as its only rival, the whole city of New York can practically be considered a landmark. From the world-renowned 5th Avenue, to beautiful Central Park and dazzling Times Square, virtually every inch of this small island is infamous.

The phenomenon that is NYC just cannot be explained or reasoned. In order to understand it, you have to become a part of it, to live it and experience it for yourself and in doing so, you surrender part of your individuality. But in order not to lose yourself completely, you have to accept that there is no such thing as "conquering" NYC.

And while conquering NYC may be a near impossibility, taking advantage of all it has to offer is not (pg 5). In this issue, we pay tribute to the Big Apple and do our best to give you an idea of what exactly makes this city so remarkable (pg 4). For those healthcare professionals who've never been, we hope that this issue will entice you (pg 8-9), so you can see and experience for yourself what all the hype is about.

And as a New Yorker myself, trust me, I think you'll fall in love.

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JUNO President becomes Wharton alumni

By C. Teodoro

We congratulate our President, DR Teodoro, on his graduating from The Wharton School of the University of Pennsylvania last July 3, 2008. DR Teodoro, along with 51 executives representing over 30 countries, underwent a grueling 5-week intensive Advanced Management Program designed to further enhance, improve and build upon business skills. This advanced executive program consists of case studies, lectures, sharing, rowing and team-building, amongst others. AMP courses range from Financial Strategies and Strategic Management to Global Economic Trends and Capital Markets, with the students divided up into 8 learning groups for a more focused and personalized setting.

Having undergone the rigors of such a program rightfully entitles students alumni status. Therefore, as a member of the Class of WAM '08, DR Teodoro is now a member of Wharton alumni, becoming a part of the legacy of the first collegiate business school established in 1881. Wharton was also the first in the world to publish business

textbooks, as well as the first to establish a center for entrepreneurship and the first and longest-running executive education programs.

In February 2008, DR Teodoro will return to Harvard for the second year of the 3-year Owner/President Management Program, and will graduate as an alumni in March of 2009.



Learning Group, Team Dolphins



Wharton Advanced Management '08

Welcome to the city that never sleeps

By P. Tanjuatco

Picture this: You wake up one Saturday morning in New York City and decide today would be a good day to head down to Canal Street and treat yourself to savory old fashioned dim sum. After a hearty meal in Chinatown, you decide to take a stroll along Canal and walk up Mulberry Street. And as you take in the sights of Chinatown, you quickly notice that the scenery slowly morphs from Chinese wet markets and restaurants to Italian bakeshops, bistros and gelato stations. It takes a while before you

York has many neighborhoods that cater to the diverse needs of its residents. If you want to do some celebrity stargazing, then hang around the West Village, Soho and Nolita neighborhoods, where you will most likely see them shopping or buying their daily fix of Grande Soy Latte's. You can also take a stroll along Fifth Avenue in Midtown Manhattan and ogle at the beautiful shop windows of designer fashion brands. If you continue uptown along Fifth Avenue, you will stumble into Central Park. Here you can visit the Central Park Zoo, rent a boat and merrily row around the lake, or just breathe in the

reside. Rent a single speed beater bike and feel one with the numerous messengers that weave through the busy streets of Manhattan wearing their ubiquitous messenger bags. If you go further south you will find yourself in the Financial District where Wall Street, the New York Stock Exchange and the infamous bull are all located. Of course the New York experience would never be complete without a trip to Times Square. Get hypnotized by the bright lights of Times Square or catch a Broadway show; both will definitely leave you mesmerized.



recognize that you've crossed over from the eastern influences of China to the western world of Italy. You're in Little Italy...and still in New York City! This is the genius of New York. Underneath all the chaos and the rush is order and balance where everything just falls into place and everyone just fits comfortably in this city that never sleeps. It is the melting pot of global cultures. It is where Yin meets Yang, where East meets West, where left brain meets right brain.

Having said all that, you are sure to find many interesting and fun activities to do while you are here on assignment. New

fresh air and enjoy all the beauty the park has to offer. If you still need a shot of art and culture, you can visit the Metropolitan Museum of Art which houses, among others, Vincent Van Gogh's *Irises* and his famous self-portraits. The MOMA, or the Museum of Modern Art, is also in midtown. Here you will find the works of renowned modern artists like Salvador Dali and Andy Warhol.

If you are looking for a more bohemian feel, head downtown and explore the lower East side and Alphabet City, where the movers and shakers of the underground arts and music scene

As you can see, New York has something for everybody. For many visitors and new residents, the idea of walking through the fast-paced streets of New York is initially a daunting thought. But if you keep yourself open to the pleasant and sometimes explosive surprises this city has to offer, you will find that it is truly the world's second home. And as you become comfortable with the New York way of life, you will come to agree with 'Old Blue Eyes when he sings, "If I can make it there, I'll make it anywhere." So it's up to you...New York, NY?

Summer events in New York City

THEATRE

1. *Legally Blonde*, Palace Theatre, 1564 Broadway at 47th St. (212-307-4100). \$45-\$250. Wed 2, 8pm; Thu, Fri 8pm; Sat 2, 8pm; Sun 2, 7pm. 2 hrs. 30 mins.

2. *Hairspray*, Neil Simon Theatre, 250 W 52nd St. between Broadway and Eighth Ave. (212-307-4100). \$20-\$204. Tue 7pm; Wed 2, 8pm; Sun 3pm. 2 hrs. 35 mins.



3. *Grease*, Brooks Atkinson Theatre, 256 W47th St. between Broadway and Eighth Ave. (212-307-4100). \$71.50-\$301.50. Tue 7pm; Wed 2pm; Thu, Fri 8pm; Sat 2, 8pm; Sun 2, 7pm.

4. *Chicago*, Ambassador Theatre, 219 W 49th St. between Broadway and Eighth Ave. (212-239-6200). \$59.50-\$201.50. Tue 8pm; Wed 2, 8pm; Thu, Fri 8pm; Sat 2, 8pm; Sun 7pm. 2hrs. 30 mins.

CLUBS

1. *Sunset*, Thursdays P.D. O'Hurley's at Pier 84. 6-11pm. Free

2. *Skool*, Macy Gray Hiro Ballroom at the Maritime Hotel. 10pm,

VENUES

1. *Tavern on the Green*, Central Park West at 67th St. (212-873-3200). Subway 1 to 66th St.- Lincoln Center.

2. *El Morocco Nightclub*, 3534 Broadway at 145th St. (212-939-0909). Subway: A, B,C,D,1 to 145th St.

3. *Don Hill's*, 511 Greenwich St. at Spring St. (212-777-1390). Subway: C, E to Spring St; 1 to Hudson St.

4. *Highland Ballroom*, 431 W 16th St. between Ninth and Tenth Ave.

(212-414-5994). Subway: A, C, E to 14 St; L to Eighth Ave.

EATING OUT

1. *Burger Shot Beer*, One-buck sliders, two -buck shots and \$3 beers. 738 Tenth Ave. between 50th and 51st St. (212-315-0123). Subway: C, E to 50th St. Dinner Average burger:

2. *Clemente's Maryland Crabhouse*, have a seat on the deck overlooking Sheepshead Bay, and enjoy Clemente's Venice Marina, 3939 Emmons Ave. at Knapp St., Sheepshead Bay, then take B4 bus to Knapp St. Mon-Thu, Sun noon-11pm, Fri, St. noon-midnight. Average main course: 32.

3. *Le Cirque*, Recent changes at Sirio Maccioni's Haute dining palace- from addition of a casual bar menu to a new executive chef. 151 E 58th St. between Lexington and Third Ave. (212-644-0202). Subway: N, R, W to Lexington



Ave.-59th St. Mon-Fri 11:45am-2:30pm, 5:30-11pm; Sat 5:30-11pm. Average main course: \$49

4. *M&G Soul Food Diner*, It's comforting to know that when you're jonesing for a late-night short stack, M&G has you covered. 383 W 125th St. at Morningside Ave. (212-864-7326). Subway: A, C, B,D, to 125th St. Daily 8:30 am-11:30 pm. Average main course: 49. Cash Only.

5. *Terrace in the Sky*, This glass-walled stunner attracts the Columbia cognoscenti with impeccable service. 400 W 119th St. between Morningside Dr. and Amsterdam Ave. (212-666-9490). Subway: 1 to 116th Columbia Univ. Tue-Fri noon-2:30pm, 11am-3pm. Average main course: \$34.

AROUND TOWN

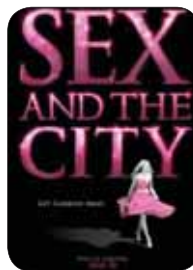
1. *Madagascar!* The African Island comes to the Bronx. Bronx River Pkwy. to Fordham Rd. (718-367-1010, bronxzoo.

com). Travel: 2 to 5 East Tremont Ave. West Farms Sq. or Bx 11 express bus to Bronx River entrance.

2. *New York Aquarium*, Surf Ave. at W 8th St. Coney Island, Brooklyn (718-265-3474, nyaquarium.com). Subway: F, Q, to W 8th St. - NY Aquarium. Mon-Fri 10 am-6pm; Sat, Sun 10 am-7pm. \$12, senior \$10, children 2-12 \$9 children under free.

3. *Sex and City Hotspots On Location Tours*, meet at the Pulitzer Fountain, Fifth Ave. at 58th St. (screentours.com). Subway: N, R, W to Fifth Ave. - 59th St. Mon-Fri 11am, 3pm Sat, Sun 10, 11am, 3pm; \$42.

4. *More in America*, New York Botanical Garden, Bronx River Pkwy. at Fordham Rd. Bronx (718-817-8700, nybg.org). Travel: B, D to Bedford Park Blvd. or 4 to Bedford Park Blvd.



CONCERTS

1. *Miley Cyrus*, T.V. Star and pop music sensation, Known to millions as "Hannah Montana", the teen singer is riding high on her hit "See You Again". Friday, July 25, 7:00 a.m. 2008 NBC Today show.

2. *Natasha Bedingfield*, Friday July 18, 7:00 a.m. 2008 NBC Today show free summer concert.

3. *GMA Concert*, Bryant Park-Chaka Khan Friday, July 4, 7:00am-9:00am Upper Terrace. Free

4. *Ashlee Simpson*, Monday, July 4, 7:00 am 2008 NBC Today show free summer concert.

5. *Jill Scott*, Wyclef Jean, Tuesday, August 12, 2008. From 7:30 pm to 10:00 pm. Central for Central Park Summer stage. Free.



Positive recent updates from USCIS

By C. Villamor

1. Employment Authorization Documents (EAD) now Valid for 2 years

Beginning on June 30, 2008 USCIS is issuing Employment Authorization Documents (EAD) valid for two years. This new two-year EAD is available to those who have filed their Form I-485, *Application to Register Permanent Residence or Adjust Status*, but are unable to become an LPR because an immigrant visa number is not currently available.

RN's and other Schedule A and EB-3 workers with pending I-485 applications greatly benefit from this provision because visas are unavailable for their category. They are, therefore, eligible to get the 2-year EAD and save on precious time, effort, and money because they don't have to renew their EADs yearly.

2. Premium Process for Certain Form I-140 Petitions is Reinstated.

Beginning June 16, 2008, USCIS reinstated premium processing for a certain group of I-140 petitions filed on behalf of non-immigrants who are nearing the end of their sixth year in H-1B status. To avail of premium processing, the H-1B holder: must have an H-1B status expiring with 60 days; must not be eligible for a one-year H-1B extension (meaning no labor certification or I-140 petition pending for over 1 year); and can only be eligible for an extension of his or her H-1B status based on an approved I-140 petition.

RN's, PT's, OT's and other healthcare professionals who are nearing the end of their 6- year H-1B status greatly benefit from this provision. Premium processing allows them to get a speedy approval of their I-140, which in turn will allow them to extend their H-1B for another 3 years, beyond the normal 6 year limit.

JUNO HEALTHCARE will continue to monitor the situation and will update you with any new information.

Atty. Carmen T. Villamor is an active member of the State Bar of California. She specializes in immigration law; she is admitted to practice before US Immigration Courts, the U.S. Central District Court, and California state courts; and she represents clients all over the U.S. and outside the U.S. Her office is located at 4929 Wilshire Blvd. Suite 691, Los Angeles, CA 90010. You may contact her by email at carmen@villamor-law.com or by phone at (323)939-8200.



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putting people first.

NEW YORK PRE-EMPLOYMENT REQUIREMENT CHECKLIST

Listed below are the requirements in connection with your application for employment. Please bring the original copy of these documents for validation purposes. It is understood that the completion / satisfaction of these requirements will be considered as one of the factors in our hiring decision.

- Resume
- New York License
- Copy of any U.S. Government issued ID (U.S. Passport / Green Card / Driver's License or State ID)
- Adult CPR Training / ACLS / BCLS
- JUNO Health Examination Report or a valid Medical Statement within 12 months (Physical Statement, PPD, Chest X-ray (if PPD is positive), Titer or Record of Immunization)
- Malpractice Insurance
- 2 colored pictures (1 x 1 and passport size)



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Are you in a New York state of mind?

By P. Tanjuatco

New York City boasts of the Statue of Liberty (although New Jersey would argue), world-class museums, numerous parks and culturally diverse neighborhoods. There is something for everyone in this city that it proudly claims to be the "World's Second Home." New York caters to the interests of anyone regardless of age, gender, race or profession, including healthcare professionals like you! RNs, LPNs and allied health professionals will find that they too can take a lucrative bite from this big apple. So if you are considering on making New York your next travel

assignment destination, read on and learn how to be in a New York state of mind in no time!

There are more than 100 hospitals and 250 long-term care facilities spread throughout the five boroughs of New York. There are also numerous ambulatory centers and adult day care centers scattered around New York. All these types of facilities have vast vacancies and are in need of RNs, LPNs and other allied health professionals either for a long term or temporary basis. As of 2007, the statewide vacancy rate for RNs is 8.8% and growing. This means that the rate of influx of nurses is considerably slower than the rate of outgoing

nurses. Nurses that are leaving their jobs are not being replaced. While this figure is a dismal reality, there is an opportunity for RNs who want to work in New York. The growing vacancy rate could mean better pay rates and better benefits for nurses whose specialties are in high demand. So why not savor the sights, sounds and tastes of New York while earning higher pay rates?

If you are an out of state licensed nurse interested in coming to New York, you must first apply for reciprocity. For US citizens and residents who received their nursing degree in the U.S., your first step is



to go to the New York State Education Department (NYSED), particularly to the Office of Professions (OP), a branch of the NYSED. The OP will verify your licensure in the other state and do other evaluations. For more information, visit the OP Nursing website at <http://www.op.nysed.gov/nurseforms.htm>.

If you are a healthcare professional educated outside of the United States and wish to pursue licensure or academic admission within the United States, you must first go to the CGFNS or the Commission

on Graduates of Foreign Nursing Schools. You will have to undergo their Credentials Evaluation Service for New York State for analysis. This process usually takes from 6 to 8 weeks after receipt of all required documentation and fees. After this evaluation, you will have to apply for licensure in New York State. On the other hand, if you are already an internationally-educated, licensed healthcare practitioner, you must have your credentials verified by the CGFNS Credential Verification Service for New York State. They will collect and verify the authenticity of your license and credentials. Once this is verified, your credentials will be forwarded to the New York State Education Department for evaluation

as part of your New York licensure application. For more information about the CGFNS, visit their website at <http://www.cgfns.org/>.

While the process to apply for licensure in New York State seems complicated and daunting, it is actually easy if you already have all your required documentation in order. Many of the steps in the process can be done online and the clear instructions are published in the various websites to guide you through every step of the process. Just keep in mind that these are necessary steps that will lead you to a fulfilling career in the Big Apple, and bring you closer to a New York state of mind.



Center for Continuing Education

Reprinted with permission from www.nurse-education.org.

Continuum Health Partners is the umbrella organization for 5 top ranked NYC hospitals, Beth Israel Medical Center, St. Luke's Hospital, Roosevelt Hospital, Long Island College Hospital and the New York Eye and Ear Infirmary.

It also supports 2 nursing schools, Beth Israel's Phillips School of Nursing and The Long Island College Hospital School of Nursing; the Doc's Medical Groups and the Center for Health and Healing.

The hospitals are full-service teaching centers for medical schools and the two nursing schools. In conjunction with our philosophy as a teaching and research institution, Continuing Education for our nurses and other health care professionals is a top priority.

The Center for Continuing Education is an approved provider by the NYSNA for RN contact hours. Traditional and complementary programs are offered to meet the educational needs of nurses at the bedside and in leadership roles. In partnership with the Beatrice Renfield Center for Nurses, continuing

education opportunities range from the clinical to the alternative, from caring for others to self-care and protection.

Some of the sample courses they offer are:

Spanish for Healthcare

Designed to provide the healthcare professional with basic, selective skills, this 7 week course will enable you to communicate with your patients or clients in Spanish. Common medical terminology, vocabulary and idiomatic expressions will be included.

Dates: 7 sessions. May 29, June 5, 12, 19, 26, July 3, 10

AIDS in the 21st Century

Care and treatment of AIDS and HIV has changed dramatically with increased hope for a longer and more productive life. This NYSNA contact hour approved workshop will provide information about the newest medication protocols and the latest research in monitoring, compliance and care.

Date: Not scheduled yet.

Pharmacology

Update Advances in technology

and pharmacotherapy have resulted in continuous changes in drug therapies. This NYSNA contact hour approved program will focus on information to help nurses remain current on the latest drug therapies for adults and provide strategies for preventing medication errors.

Dates: Not scheduled yet.

ST. Luke's Kidney Transplant Prog.

RENAL TRANSPLANT: ISSUES AND ETHICS Guiding your patients through the process.

Price: Free

Dates: Not Scheduled yet.

The S.T.A.B.L.E. Program

STABLE program is developed for child health care providers to organize care during the post-resuscitation / pre-transport stabilization period. Morning coffee, texts are included.

Dates: Not scheduled yet.

Feel free to browse the site and register for courses. We encourage your feedback and requests. For more information, visit website at <http://www.nurse-education.org>.



FGG's philosophy of community development

By V. Apuzen

Foundation for God's Glory is a response to the desperate conditions that face the poorest of the poor in the Philippines.

The First Quarter 2008 Philippine Social Weather Survey found that 50% of families in the Philippines (estimated 9 million) consider themselves as "mahirap" or poor. The survey also indicated that Filipino families have been lowering their living standards (i.e., belt-tightening) for the past 20 years. In 1986, a family living in urban Metro Manila considered itself poor if it had a monthly income of P2,500 (\$60). Today, because of inflation, a Metro Manila family is poor when its monthly income is P10,000 (\$250).

Within the poor of Metro Manila is the poorest of the poor who live on less than \$1 a day. These are the 5.4 million who live in the slums. Each slum has its own character and its own brand of misery. FGG has already worked in four, including: Payatas, Quezon City; San Rafael, Rizal; Smokey Mountain, Tondo, Manila; and Bocaue Relocation Site, Bulacan. Some malnourished children in these communities were served meals, and received free medical and dental services while their parents attended livelihood trainings.

FGG acknowledges that the desperate conditions of the poverty-stricken could not be alleviated with just their physical needs met from day to day. Therefore, FGG goes beyond providing physical sustenance by also offering the life-transforming power of the Gospel of Christ. Our Lord Jesus said that the essence of Christianity could be summed up in two inseparable commandments: Love God, and love thy neighbor (Matthew 22:37-39). FGG is concerned with reconciling people to God and bringing them into a church fellowship where they can be discipled in their faith.

Evangelism is very much a part of FGG's community development



philosophy. We recognize that in addition to food and livelihood, people also need to have a true relationship with Jesus Christ as well. It is essential that the good news of Jesus Christ is proclaimed, and that individuals place their faith in Christ for salvation. This is why evangelism and Christian discipleship is very much a part of our philosophy.

The Gospel, rightly understood, is holistic. It responds to people as whole people and not single out just spiritual or just physical, but rather the needs of the person as a whole. FGG's community development philosophy begins with people transformed by the love of God, who then respond to God's call to share the Gospel with others through community development.

We believe that nothing other than the community of God's people, the local church, is capable of affirming the dignity of the poor and enabling them to meet their own needs. It is practically impossible to do effective holistic ministry apart from the local church. A nurturing community of faith can best

provide the thrusts of evangelism, discipleship, spiritual accountability, and relationships by which disciples grow in their walk with God.

This is the reason FGG has worked alongside several churches in carrying out its community development program. FGG has already partnered with the International Baptist Church of Payatas and Tondo, the World Christian Fellowship, and the Awesome God Christian Church. These local churches have reaped the fruits of seeing the poorest of the poor come to Christ and become a part of their congregations. FGG continues to look for other local churches who will take action towards the development of their communities.

It is the responsibility of the church to evangelize, disciple and nurture people in the Kingdom. Yet, from the command of our Lord Jesus, it is also the responsibility of the church to love their neighbor and their neighborhood. To this end, FGG will continue to encourage local churches to be lovers of their community and neighborhoods.

High blood pressure and chiropractor care



By Dr. Andrew Maciak

Many patients undergoing chiropractic treatment for conditions such as neck or back pain

notice a reduction in their high blood pressure over time. While chiropractic treatment may not be the basic form of treatment for most patients with this condition, it may be another treatment option, and it is receiving interest from researchers. In a small study of patients with high blood pressure, those receiving chiropractic treatment had an average reductions of about 15 on their systolic pressures and

13 on their diastolic pressures. The authors of this study suggested that the reductions in blood pressure obtained in these patients was the result of improvements in nerve function in the area of the spine which was treated. In another study of the mechanism behind blood pressure changes associated with chiropractic treatment, the levels of the hormone aldosterone were measured before and after treatment in a group of hypertensive patients. Aldosterone causes kidneys to retain more sodium, which in turn causes the retention of fluid, and thus increases blood pressure. Over a ten period of chiropractic treatments, aldosterone levels decreased consistently in those who received treatment, but not in those who did not. The researchers concluded

that chiropractic treatment may be effective in reducing blood pressure by causing reflex reduction in the secretion of the hormone aldosterone. While the research on the treatment of hypertension with chiropractic manipulation has been limited, it has all suggested a definite positive effect on this disorder. Patients with hypertension should receive medical evaluation and monitoring. However, many will find that chiropractic evaluation will suggest that perhaps some of the problem is being caused by the spine and that chiropractic treatment may be beneficial. While all health problems are not as simple as a pinched nerve in the spine, alteration of the function of the nervous system by a spinal joint problem can have definite effects on a variety of disorders.



Welcome to JUNO Healthcare

Natalie Byrd
 Erica Cintron
 Gwendolen Draughn
 Deborah Fields
 Lorie Kowalkowski

Nurse quote of the month:

"Let whoever is in charge keep this simple question in her head -(not, how can I always do this right thing myself, but) how can I provide for the right thing to be always done?"

Florence Nightingale

REQUIREMENTS CHECKLIST FOR RN & PT APPLICANTS

- Updated resume
- Diploma from your country of origin
- Transcript of records
- Birth certificate, yours and dependents' marriage certificate (if applicable)
- 3 copies of 2 x 2 ID pictures
- Board certificate and board license (PRC ID)
- Passport / US visa (if applicable)
- TOEFL / IBT or TSE / IELTS results
- Employment and training certificates
- NCLEX result or CFGNS certificate for RNs or NPTE result for PTs

Happy Birthday! July celebrants



9
 Lourdes C.

10
 Arifa A.

13
 Cecilia J.

16
 Aldin F.

19
 Arsenia P.

22
 Lampel L.

24
 Angelo A.
 Carmen C.
 Faith Severita R.

26
 DR T.
 Dulca B.

30
 Melescent Z.

NCLEX quiz for RNs

Sample NCLEX practice exam

1. A 28 year old male has been found wandering around in a confused pattern. The male is sweaty and pale. Which of the following tests is most likely to be performed first?

- A: Blood sugar check
- B: CT scan
- C: Blood cultures
- D: Arterial blood gases

2. A mother is inquiring about her child's ability to potty train. Which of the following factors is the most important aspect of toilet training?

- A: The age of the child
- B: The child ability to understand instruction.
- C: The overall mental and physical abilities of the child.
- D: Frequent attempts with positive reinforcement.

3. A parent calls the pediatric clinic and is frantic about the bottle of cleaning fluid her child drank 20 minutes. Which of the following is the most important instruction the nurse can give the parent?

- A: This too shall pass.
- B: Take the child immediately to the ER
- C: Contact the Poison Control Center quickly
- D: Give the child syrup of ipecac

4. A nurse is administering a shot of Vitamin K to a 30 day-old infant. Which of the following target areas is the most appropriate?

- A: Gluteus maximus
- B: Gluteus minimus
- C: Vastus lateralis
- D: Vastus medialis

5. A nurse has just started her rounds delivering medication. A new patient on her rounds is a 4 year-old boy who is non-verbal. This child does not have on any identification. What should the nurse do?

- A: Contact the provider
- B: Ask the child to write their name on paper.
- C: Ask a co-worker about the identification of the child.
- D: Ask the father who is in the room the child's name.

ANSWERS

- 1. A
- 2. C
- 3. C
- 4. C
- 5. D

JUNO Wordfind

1. Aberrometer

A device that can identify common and more obscure vision errors by measuring the way light waves travel through the eye's optical system.

2. Astigmatism

Condition in which the cornea's curvature is asymmetrical (the eye is shaped like a football or egg instead of a baseball); light rays are focused at two points on the retina rather than one, resulting in blurred vision. Additional symptoms include distorted vision, eyestrain, shadows on letters, squinting and double vision.

3. Bifocal

Lens with one segment for near vision and one segment for far vision. The term can apply to both eyeglass lenses and contact lenses.

4. Chalazion

A small bump on the eyelid caused by an obstructed meibomian gland. Additional symptoms include light sensitivity, tearing and eyelid swelling. Chalazia are usually not painful unless

N	A	V	I	T	C	N	U	J	N	O	C
O	R	E	T	I	N	I	T	I	S	W	M
I	E	E	S	D	A	R	E	L	C	S	S
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H	O	R	H	I	H	I	R	S	T	H	G
C	F	O	V	E	A	D	O	R	U	E	I
X	I	P	A	H	T	U	P	T	E	A	T
U	B	I	O	A	S	E	I	U	C	B	S
G	L	A	U	C	O	M	A	E	A	I	A

they become infected.

5. Conjunctiva

Mucous membrane that lines the visible part of the eye and the inner surface of the eyelid.

6. Diopter

Unit which measures the refractive (light-bending) power of a lens; eyecare practitioners use it in eyeglass and contact lens prescriptions.

7. Emmetropia

The condition of an eye with normal vision, meaning that light rays correctly

are focused at the inner back of the eye (retina) where images are processed. fovea A depression in the retina that contains only cones (not rods), and that provides acute eyesight.

8. Glaucoma

Disease characterized by elevated intraocular pressure, which causes optic nerve damage and subsequent peripheral vision loss.

9. Hyperopia

Also called farsightedness. Condition in which the length of the eye is too short, causing light rays to focus behind the retina rather than on it, resulting in blurred near vision.

10. Retinitis

Inflammation of the retina. Symptoms include blurred vision, metamorphopsia, floaters and vision loss.

11. Sclera

The outer coat of the eyeball that forms the visible white of the eye and surrounds the optic nerve at the back of the eyeball.



Nursing humor

Cleaner Polishes Off Patients

This is a true story from the newspaper The Cape Times (South Africa): "For several months, our nurses have been baffled to find a patient dead in the same bed every Friday morning" a spokeswoman for the Pelonomi Hospital (Free State, South Africa) told reporters. "There was no apparent cause for any of the deaths, and extensive checks on the air conditioning system, and a search for possible bacterial infection, failed to reveal any clues." "However, further inquiries have now revealed the cause of these deaths... "It seems that every Friday morning a cleaning lady would enter the ward, remove the plug that powered the patient's life support system, plug her floor polisher into the vacant socket, then go about her business. When she had finished her chores, she would plug the life support machine back in and leave, unaware that the patient was now dead. She could not, after all, hear the screams and eventual death rattle over the whirring of her polisher". "We are sorry, and have sent a strong letter to the cleaner in question. Further, the Free State Health and Welfare Department is arranging for an electrician to fit an extra socket, so there should be no repetition of this incident. The inquiry is now closed." (Cape Times) The headline of the newspaper story was, "Cleaner Polishes Off Patients" Author Unknown.

Pinoy humor

Isang Anghel

May isang maitim na babae ang nakasalubong ng isang matandang nagugutom, sa kabutihang palad ay mayron siyang dalang tinapay. Binigyan nya ito ng tinapay ang matanda at ito'y biglang nagbago ng anyo sya'y naging diwata.

"Sa iyong kabutihang palad ay bibigyan kita ng isang kahilingan....."

Sumagot ang maitim na babae "Gusto kong magkapakpak....."

Binigay nga ng diwata ang kayang kahilingan.

"Kung ganon po ba ay anghel na ko..."

Sabi ng diwata, "Ambisyosa ka, paniki ka!"

...

Si Inday, bigatin

San Pedro: Inday, bakit ka namatay?

Inday: Damn that envious boss of mine! If it wasn't for her, that bullet would not have damaged the blood vessels in my brain which caused severe hemorrhage and brought me in the state of hypovolemic shock! Unfortunately, those incompetent doctors were not able to help me, so I had to face the wrath of Death.

San Pedro: Ibalik si Inday sa earth! Hindi ko siya kaya!

Class...What Is???

Teacher: Ang pag-aaralan natin bukas ay tungkol sa katapatan,kaya basahin ninyo ang chapter 12 ng inyong aklat.

Students: Yes mam!

Kinabukasan.

Teacher: Binasa ba ninyo ang chapter 12 ng inyong aklat?

Students: (sabaysabay) Yes mam!

Teacher: Yan ang sinasabi ko sa inyo dapat talaga maturuan kayo ng pagiging matapat. Para sa inyong kaalaman walang chapter 12 ang inyong aklat!

Teacher: John do you know Jose Rizal?

John: No mam!

Teacher: Ikaw Pat?

Pat: No mam!

Teacher: Hindi niyo ba talaga kilala si Jose Rizal?

Alvin: Mam baka sa kabilang section siya!

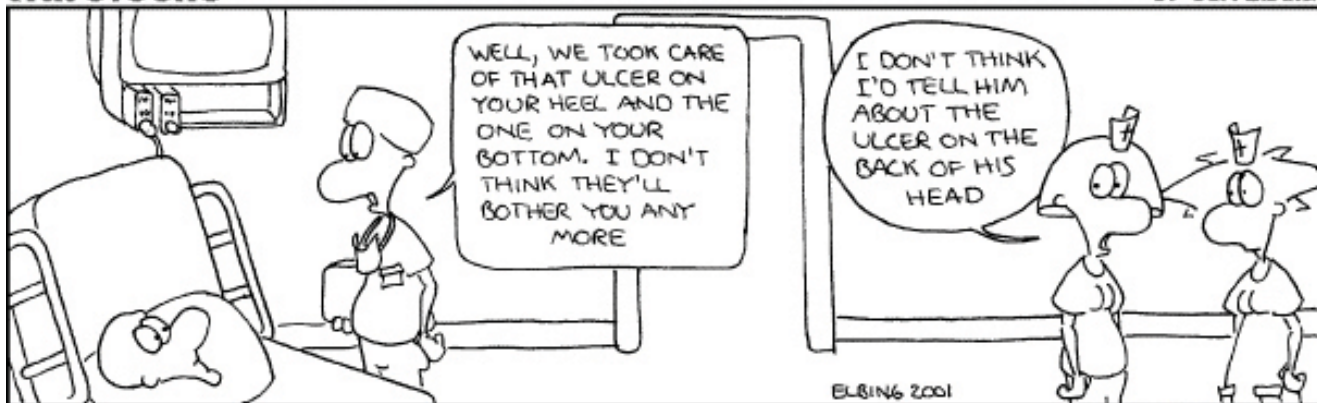
Teacher: Galing tayo kay Adam at Eve.

Student: Hindi mam! ang sabi ng tatay ko galing daw tayo sa unggoy.

Teacher: Tumahimik ka dyan! We are not talking about your family.

Nurstoons

by Carl Elbing



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