



**2009 Ernst & Young
Metro New York
Entrepreneur of the Year Award
Staffing Services Category**

page 4

JUN-JUL 2009

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Silver linings and such



Is it really July? It always amazes me how fast time flies—2009 is already halfway through, and it feels like it was January just yesterday. And yet, I'm sure many people are wishing this year was already over, considering all the crises and downfalls the money people have wrought.

Despite all the buffeting the economy and businesses, large and small, have been experiencing, somehow there is always a silver lining. For JUNO, it's the fact that the founders of the company were awarded Ernst & Young Entrepreneur of the Year award for staffing services in the metro New York region (pg 4-5). This means they are eligible to move on and compete at nationals, which, if they win, would bring them to the global competition in Monaco. So recession or not, it's obvious that there are still entrepreneurs out there who are fighting to overcome and persevere, and JUNO is proud to have its leaders counted amongst them.

On another note, the new JUNO website is coming along nicely. Both clients and healthcare professionals are now able to create their own user profile and log in to check on various updates and opportunities regarding JUNO (pg 7). We really hope you're pleased with the new website, and if you ever have any questions or concerns, you can easily chat with/email a JUNO employee directly through the website.

Here's to hoping the rest of 2009 will consist of a renewal instead of a recession. Think silver lining, you never know...

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JUNO Healthcare President, one of the Outstanding 50 Asian Americans in Business

It is considered as the most distinguished award program for the Asian American business community and this year JUNO Healthcare became part of this amazing event. Dante Raul "DR" Teodoro, Founder and President of JUNO Healthcare Staffing System, Inc. was named one of the Outstanding 50 Asian Americans in Business for 2009, a recognition given to individuals who has exemplified great leadership and shown success in what they do.

The Asian American Business Development Center, the award giving body, says that the Outstanding 50 event "honors individuals with outstanding leadership, vision and accomplishments who have built a successful business or who have distinguished themselves within their community. The award recognizes entrepreneurs, business professionals, as well as corporate executives who have contributed to the general economy." All awardees were honored through a formal dinner ceremony last June 10, 2009 at the Hilton Hotel, in New York City. Consul General Cecilia Rebong of The Philippines, DR Teodoro's home country, was at the event to show support to Filipino awardees.

Award recipients represent the best of Asian American business owners, professionals and corporate executives and came from a diverse pool--Koreans, Chinese, Filipinos, Japanese and other Americans that traces an Asian ancestry. This year's theme is "Developing Asian Talent and Leadership in the Global Marketplace."

DR Teodoro is considered one of the most successful Filipino-American businessmen in healthcare staffing today. Last 2008, JUNO Healthcare was named one of the 100 fastest-growing companies in America by Entrepreneur Magazine. Triple digit growth, expansion to five locations in its first seven years and continued improvement in its operations, marketing and strategy puts the company on track to one day becoming a leading player in the healthcare industry.



JUNO President DR Teodoro accepting the award from AABDC President John Wang



DR Teodoro with JUNO CEO, Nonette Teodoro



From L to R: AABDC President John Wang, Consul General (Philippines) Cecilia Rebong, DR Teodoro and Nonette Teodoro

Ernst & Young Entrepreneur of the Year

By Alex Skye

What defines an entrepreneur? Is it ingenuity and the ability to think outside the box in order to create something new? Or is it hard work and perseverance in overcoming the struggles and risks that come with starting a business? Most would agree that it is all these things and more. The ability to take an idea, a thought or a mere possibility and turn it into a successful reality is rare, and yet it's a quality that all entrepreneurs possess.

On June 25th, 2009, DR and Nonette Teodoro, the entrepreneurs who founded JUNO Healthcare Staffing, won Ernst & Young's Entrepreneur of the Year Award in Staffing Services for the New York Metropolitan Region, at Ernst & Young's annual awards gala, which took place at the Marriot Marquis in Times Square, NY, NY. Having been ranked as one of Entrepreneur Magazine's Hot 100 fastest-growing businesses in America last year, and garnering numerous awards thereafter, DR and Nonette Teodoro have been blazing a trail and setting new standards for the healthcare staffing industry.

Since founding JUNO Healthcare Staffing in 2001, the Teodoros have consistently sought to develop and find ways of meeting the needs of the healthcare staffing industry. So much so that last year, DR Teodoro, JUNO Healthcare's President decided it was time for him to go back to school in order for him to innovate new strategies, as well as refine and reform the business model he currently had in place. DR chose the Harvard Business School (Harvard University) and the Wharton School (University of Pennsylvania), figuring that with the top two business schools in the world, he couldn't go wrong. Such moves like DR Teodoro's put him one step ahead in this ever-changing economic landscape, markings of the successful entrepreneur that Ernst & Young seeks



to honor each year.

For over 22 years, Ernst & Young has been honoring entrepreneurs for their significant contributions and the valuable role they play in the global marketplace. Initially founded in the US, Ernst & Young's Entrepreneur of the Year Award has grown to include over 135 cities and more than 50 countries worldwide. According to last year's Ernst & Young EOY magazine, these

entrepreneurs are recognized for "their innate ability to create new products and services, transform organizations, enrich individual lives and contribute to the vibrancy of national economies." Indeed, DR and Nonette Teodoro have been doing just that.

As recipients of the regional Ernst & Young EOY award, DR and Nonette are now a part of Ernst & Young Entrepreneur of the Year



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Winners Network, joining the ranks of entrepreneurs whose businesses have become household names across the globe. These entrepreneurs include Michael Dell of Dell Inc, Pierre Omidyar of eBay, Inc. and Howard Schultz of Starbucks, just to name a few. DR and Nonette, along with the winners of other categories in Metro NY and winners from the 25 other regions, are now contenders for the National

Entrepreneur of the Year Award, which is divided into 10 categories. The national awards, which will take place in Palm Desert, CA from November 11-15th and will be hosted by popular late night TV host Jay Leno, is the culmination of Ernst & Young's Strategic Growth Forum. The invitation-only event is described by Ernst & Young as "the country's most prestigious gathering of high-growth, market-

leading companies" and is listed as one of the top "Get-ahead executive retreats," according to Forbes.com. Despite the difficulties and setbacks that many businesses have been experiencing in today's tough economy, events like these only serve to inspire hope and perseverance in the hearts of true entrepreneurs like DR and Nonette Teodoro. My guess is, the best is yet to come.

Immigration updates

American Dream Act

On March 26, 2009, a Bill (H.R. 1751) was introduced in the U.S. Congress which would seek to amend the Illegal Immigration Reform And Immigrant Responsibility Act of 1996. The amendment, if approved after the entire legislative process including the signature of President Barack Obama, would grant certain qualified persons relief from removal. This would make them eligible to adjust their status to that of a lawful permanent resident, otherwise known as green card status. Appropriately, this Bill will be called the "American Dream Act."

The introduction of this Bill indicates that the U.S. Congress is becoming more sensitive to the plight of those persons who did not in fact choose to come to the United States illegally, and/or who did not choose to remain in the United States without legal status. These persons are recognized by the Bill as long-term United States residents who entered the United States as children.

The Bill provides a path to the legalization of these persons through an existing process known as cancellation of removal. This procedure shall apply in the event removal proceedings is commenced against a qualified person, or if removal proceedings shall have been commenced before the passage of this Bill into law, and which proceedings remain pending after such passage. Otherwise, an eligible person may simply apply for the adjustment of his or her status, and obtain certain right and privileges, such as employment authorization.

In summary, the following are the requisites for eligibility:

- (1) entered the United States before his or her 16th birthday and has been present in the United States for at least five years immediately preceding enactment;
- (2) is a person of good moral character;
- (3) is not inadmissible or deportable under specified grounds of the Immigration and Nationality Act; and
- (4) at the time of application, has been admitted to an institution of higher education or has earned a high school or equivalent diploma.

An approved application for adjustment of status or relief from removal, is however conditional. This conditional status remains for a period of six (6) years, and must be removed by filing a petition to remove such conditional status. Failure to do so would mean a reversion to the previous immigration status, which would include becoming out of status once again.

A very meaningful accommodation introduced by this Bill is the eligibility for adjustment or relief from removal of those persons who entered without inspection (or without visas), who up to the present state of the law are ineligible for 99% of the reliefs because of this particular circumstance.

This Bill is currently pending before the following committees of the U.S. Congress: Judiciary, House, Education and Labor.

JUNO New Jersey opens opportunities for per diem nurses

It's true! Nursing is indeed a recession-proof job. You can even supplement your existing income with it.

By D.B.V.

There are nurses who are just comfortable working for one facility on scheduled shifts. But there are also nurses who love the flexibility of working per diem or on-call. Whether you are the former or the latter, JUNO-New Jersey has something for you.

JUNO-NJ is currently looking for nurses who can work per diem. They have needs for deployment in major hospitals statewide. If you already have a regular job, this can be an opportunity for you to gain

supplemental income. As they say, who doesn't need extra money during these times of rising cost of living?

Being a JUNO per diem nurse is easy. You can start by sending your resume and credentials, and filling-up an employment application form. A JUNO recruiter will then interview you and evaluate your credentials. If you pass this stage, then you are included in the JUNO pool of healthcare professionals.

Once you're in the pool, you will be called to fill up shifts every time there's a need that matches your credentials and experience. Of course, they will only schedule you to work depending on your availability and proximity to the facility.

At present, most of the needs are for Medical Surgical, Psych, and OR. There are also some openings for Case Managers.

However, other specialty nurses are always welcome to apply as new staffing requests from hospitals are received daily.

For more information about per diem opportunities in New Jersey, you may contact JUNO-NJ office by calling (201) 239-9333. To apply, you can fax your resume with cover letter and copies of your credentials to (201) 239-9093. You can also apply online by visiting www.junohealthcare.com.

CURRENT NEEDS:

- Med/Surg RNs, PM shift (Pomona, NJ)
- Med/Surg RNs, AM shift (Atlantic City, NJ)
- Psych RNs, AM shift (Belle Mead, NJ)
- Case Managers, 8-hour days (Princeton, NJ)
- Nurse Practitioners, 8-hour days (Newark, NJ)
- PTs, 8-hour days (Newark, NJ)
- OR RNs, flexible shifts (Newark, NJ)

Online client services

With computers and the internet ruling our workplaces, we don't have any choice but to keep up with the fast-changing information technology world. Hence, we've caught up with the times through our new client portal.

By D.B.V.

Last May, the new JUNO Healthcare Staffing website went live with an array of new features. One of them is the Login/Register feature for Clients.

JUNO Healthcare Staffing clients can now create their user accounts at junohealthcare.com. It's easy! Just follow these 5 simple steps:

1. Log on to junohealthcare.com.
2. On the left-hand sidebar of the homepage, under the Login/Register section, click on Clients.
3. Click on Register Now to go to the Clients Registration page.
4. Provide a login name and password. Then fill up the rest of the information about your facility.
5. Agree/Accept the Terms of Use and click Submit. Voila! You are registered.

Once your account has been created, you can login anytime to:

1. Report incidents, complaints, and any other concerns regarding our services and/or our healthcare professionals.
2. Request staff to fill up your staffing needs.
3. Search and preview resume of our available staff.
4. Manage your account. Under this section, you can change your password and contact us by sending a message through our website.
5. Send the schedule of our agency staff that are working at your

facility and upload their completed time sheets.

ADVANTAGES OF CREATING AN ONLINE ACCOUNT

Easy access: As long as you have an internet connection and you can log on to junohealthcare.com, you can access your account anywhere, anytime. So, whether you are at your office, at home, or out of town for business, all you have to do is login to your account to communicate with us. Through this portal, we are at your service 24/7.

Documented transactions: Every form that you fill up online goes directly into our database and e-mail system. The same thing with the files you send us. This way we have a record of all matters that go on between us and your facility.

No more phone tags: Due to the volume of calls that we get, sometimes, we are unable to take very important calls. You, our clients, would leave us a message and when we call back, you are attending to something else. To eliminate phone tags, you can send

us your staffing requests online, or leave us messages through the web, and you're assured that we get them instantly.

Search staff availability: By logging into your account, you can preview our available staff and see immediately if we have somebody who matches your needs. And you can use the same account to request for their complete profile, for your screening.

PROSPECTIVE CLIENTS

While this online service would benefit our existing clients the most, we do not discount prospective clients to register. Facilities who are interested to do business with us can make the initial contact by registering as a client through our website. Once we receive your registration, a Marketing Specialist will contact you to discuss how we can be partners in providing quality patient care through the staffing services that we offer.

For more information about JUNO Healthcare Staffing, and to register as a client facility, visit www.junohealthcare.com.

Ten websites every healthcare professional should know

By James Cai

allnurses.com (<http://www.allnurses.com>)

This site is the complete portal for a nurse. From news to blogs, articles and forums, allnurses.com offers any type of nurse a place to be informed and give information out to fellow healthcare professionals. The site also has a section called the Nursing Education Center giving aspiring nurses who want to gain nursing degrees online. A specialty section features various gateways to several nursing specialties.

BNET Healthcare (<http://industry.bnet.com/healthcare>)

The site to visit if you want to be ahead of the curve in the industry! BNET Healthcare, part of the popular business knowledge network--BNET, gives you insights and analyses on the latest events, trends and breakthroughs shaping the healthcare industry. From healthcare reform to the swine flu outbreak, general human resource news and high-profile medical initiatives, BNET Healthcare posts all these--accessible to every visitor for free. The main page aggregates news from leading healthcare and scientific publications while the sidebar offers commentary, essays and views on widely discussed industry issues. The site is authored by Ken Terry, a former senior editor at Medical Economics Magazine.

MedicalMingle.com (<http://www.medicalmingle.com>)

Consider this the Facebook or MySpace for healthcare workers. MedicalMingle is a "free professional social network for people interested in servicing, or studying for a career

in the healthcare and medical field." The site allows you to connect with its members in the healthcare field and share content including photos and videos. The site itself also has groups and forums that would allow you to interact and begin discussion threads on your preferred topic. There are also blogs developed by the users themselves ranging from how to become a medical salesperson to personal reflections on daily life and religion.

AllAlliedHealthSchools (<http://www.allalliedhealthschools.com>)

Becoming a nurse and a physical therapist maybe two of the most popular positions in the industry today, but there are a lot more options and career paths when you take a closer look. AllAlliedHealthSchools, which prides itself as "your guide to allied health education and careers", focuses on providing educational information and career profiles on healthcare administration, medical assisting, dentistry and even veterinary occupations. The site gives specific allied health professions an in-depth look, providing comprehensive information on a particular job's skill requirements and salary scale, as well as training options and demand outlook.

Career Resources Page of JUNO Healthcare (<http://www.junohealthcare.com>; [click on Career Opportunities Career Resources](#))

JUNO Healthcare's new website features an exhaustive list of websites for healthcare professionals. From Nurse Associations to State Boards and links to government agencies and licensure sources, the Career

Resources page has everything there. This is especially beneficial for healthcare professionals living in places where JUNO Healthcare has a presence - currently they're in New York, New Jersey, California and Arizona.

About.com: Health Careers (<http://healthcareers.about.com/>)

The official section of Health Careers in About.com is one of the most useful sites on health career development. Updated two to three times a week, the site directs you to valuable articles by Andrea Santiago, a medical recruiter with more than a decade of experience helping experienced and newly grads find a job. Her site serves as a significant knowledge guide for people deciding if a health career is right for them, rules on succeeding as a healthcare professional. The section's Education division is well-organized, from the basics of a health career to entry level resources for the job hunter; Andrea Santiago covers topics that will substantially assist you in finding or enhancing a healthcare profession.

Nurse.com (<http://www.nurse.com>)

Nurse.com is the portal for every nurse in the United States and those aspiring to work here. The site is the official electronic version of the magazines Nursing Spectrum and Nursing Week, which serves as a national career resource for thousands of nurses. The site boasts of more than 550 course topics, all in an organized, searchable format convenient enough for users to navigate and receive information. Aside from the educational meat of the site, there is also a news section featuring the latest on the industry.

A regional news section is also available covering updates on key regions in the US. Like other sites, but more extensive and in-depth, Nurse.com has events, community and resources section containing specialized knowledge on specific fields of nursing, as well as a list of when and where the latest career fairs, tours, chat and seminars will be held.

ExploreHEALTHCareers.org (<http://www.explorehealthcareers.org>)

If you want to know the 101 on almost every single healthcare profession in the world today, this is the site to visit. The website provides career profiles, working conditions information, academic requirements and supplementary links on literally hundreds of different medical and dental careers today. From covering detailed career information on allied health professions to veterinary medicine, this website is a vital starting point in any research involving a specific health career. A Getting Started guide is provided for students or aspiring health career persons to assess if a health career is right for them. An Issues in Healthcare section discusses key policy and social concerns in the industry today. The ExploreHealthCareers blog also shares intelligent information analyses, commentaries and updates on the state and future of healthcare in America.

allhealthcare (<http://www.allhealthcare.com>)

A highly interactive online community focused on assisting the healthcare pro in "making it in medicine." The site offers a suite of free resources from humorous career-

oriented articles like the popular 15 Stupidest Ways to Lose Your Job to a variety of videos covering General Healthcare, Education/Training and even Politics and Research. Its interactive community allows you to share group photos and videos to other members. The site also has Healthcare Career Quizzes, which serves as amusing tools in evaluating personality types, professional skills and competencies. There is also a dedicated section for current healthcare professionals where the goal is to help them keep their job (e.g., What Healthcare Professionals Should Never (Ever!) Wear) and become very good at it (e.g., 6 Tips to Get Noticed in Your Healthcare Job).

Healthcare Career Education Center of WorldWideLearn (<http://www.worldwidellearn.com/healthcare/home.php>)

The website is a niche-oriented virtual hub for individuals seeking a healthcare education. Whether you're in search for associate, undergraduate and graduate degrees, or a continuing education class, there are descriptive links to schools offering various academic programs on nursing. Educational training towards becoming a medical assistant, nutritionist, or occupational therapist can also be found on the site. Most of the links contain the name of the school, a short description of what they offer and a list of related programs for the prospective healthcare student.

TO VIEW A SUMMARY OF THESE LINKS AND FOR MORE INFORMATION ON HAVING A SUCCESSFUL HEALTHCARE CAREER, VISIT OUR BLOG AT <http://junocareers.wordpress.com>.

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when you need a helping hand.

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JUNO Healthcare Registry, Inc.**

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F: 323.937.4947
Website: <http://www.junohealthcare.com>



Juno Healthcare Registry, Inc.
has earned The Joint Commission's
Gold Seal of Approval

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Website: <http://www.junohealthcare.com>

Center for Continuing Education

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www.nurse-education.org.*

Continuum Health Partners is the umbrella organization for 5 top ranked NYC hospitals, Beth Israel Medical Center, St. Luke's Hospital, Roosevelt Hospital, Long Island College Hospital and the New York Eye and Ear Infirmary.

It also supports 2 nursing schools, Beth Israel's Phillips School of Nursing and The Long Island College Hospital School of Nursing; the Doc's Medical Groups and the Center for Health and Healing.

The hospitals are full-service teaching centers for medical schools and the two nursing schools. In conjunction with our philosophy as a teaching and research institution, Continuing Education for our nurses and other health care professionals is a top priority.

The Center for Continuing Education is an approved provider by the NYSNA for RN contact hours. Traditional and complementary programs are offered to meet the educational needs of nurses at the bedside and in leadership roles. In partnership with the Beatrice Renfield Center for Nurses, continuing education opportunities range from the clinical to the alternative, from caring for others to self-care and protection.

Some of the sample courses they offer are:

Spanish for Healthcare Designed to provide the healthcare professional with basic, selective skills, this course will enable you to communicate with your patients or clients in Spanish. Common medical terminology, vocabulary and idiomatic expressions will be included.

Dates: Mondays June 1-July 13

We also provide interactive, streamed online presentations of the NY State mandated courses. These programs are real presentations of the



live class as opposed to text-based readings. They are followed by the ability to print your certificate on the spot!

Infection Control and Barrier Precautions Online

Online Infection Control course provides the necessary information and documentation to fulfill the licensure/credentialing requirements.

Child Abuse Identification and Reporting Online

Online Child Abuse Identification and Reporting Course is designed by experts in the field of Child Abuse, this 2 hour course meets the New York State Education Department mandatory requirements for Training in Child Abuse Identification and Reporting. This program is a one-time only requirement for licensure.

Feel free to browse the site and register for courses. We encourage your feedback and requests. For more information, visit website at <http://www.nurse-education.org>.

Strategic Contributions of FGG's Scholarship Program

By Valjun Apuzen

Recently upgraded to a two-year Evangelism, Discipleship and Church Planting Course, the FGG scholarship program has already produced 69 graduates from 231 students who enrolled during the school years 2006 to 2009. The church training program also developed a total of 24 FGG teachers, assistant teachers and student-teachers who served in 13 FGG training centers in Northern Luzon, Metro Manila and Visayas. FGG graduates actively participated in starting six local churches in the Philippines.

In three short years FGG's scholarship program has made a great impact in various Philippine churches and communities. Aside from the above accomplishments, the following features of the program are the strategic contributions of FGG in pastoral training and church leadership development in the Philippines.

A. Giving Access To Theological Training

Many church members have the desire to go to Bible school and seminary but are prevented by the lack of time and money. This is evidenced by the high enrollment in FGG training centers. Studying full-time in formal academic institutions is not an option to people who have full-time jobs since most seminary and Bible school classes are normally held during the day.

The FGG church training program serves as an extension of the Bible school and seminary. It gives church members access to theological training in order to help carry out the ministries in church.

B. Training The Right People For Ministry

FGG seeks to raise pastors, evangelists, church planters and leaders from within the church congregation. In every church, there must be several adults who could serve as "functional pastors".



With proper theological training, they could be set apart to competently assist in the church's ministry of evangelism, discipleship, preaching, and planting of other churches.

FGG believes that when highly gifted and mature Christians are given access to theological training, no matter how crude the curriculum or unscholarly the teacher, they will become good evangelists, pastors and church planters. The key is training the right people—gifted and mature Christian professionals—who do not have access (because of time and cost constraints) to Bible school and seminary training.

FGG believes in training adult leaders. The New Testament specifically calls for elders or mature adults for church leadership. Being deeply involved in the body life ministry of the church, these adults simply need guided ministry exposure to be competent Christian workers. Since they already have previous formal education, these leaders only need additional theological training to confidently do ministry.

C. The Pastor As The Main Trainer And Equipper

FGG believes that God has gifted the church with men such as apostles,

prophets, evangelists, pastors and teachers, whose role is to equip church members to do the works of ministry (Ephesians 4:11-12). Thus, we believe that the pastor of the church has the crucial function of giving theological training to the men and women of the church. This is the main reason the FGG church training program is taught by pastors of churches.

D. A Dynamic Curriculum

FGG believes that much of real education happens both in the classroom and in real-life settings. Therefore, equal emphasis is placed upon academic theological learning and practical ministry assignments. Our academic classes and practical training are held at nights and weekends, so as not to disrupt the student's regular work schedule.

FGG's scholarship program is critical to filling the shortage of trained pastors and church leaders in the Philippines. Established seminaries and Bible schools cannot turn out enough trained pastors and church leaders to fill this vital need. Through the scholarship program, FGG is making a strategic contribution to Philippine Church growth.

Earn While Giving

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*Make a living
by caring and
being of service
to people.*



when you need a helping hand.

putting people first.



JUNO HEALTHCARE STAFFING

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NEW YORK | NEW JERSEY | CALIFORNIA | ARIZONA

Welcome to JUNO Healthcare

REQUIREMENTS CHECKLIST FOR RN & PT APPLICANTS

- Updated resume
- Diploma from your country of origin
- Transcript of records
- Birth certificate, yours and dependents' marriage certificate (if applicable)
- 3 copies of 2 x 2 ID pictures
- Board certificate and board license (PRC ID)
- Passport / US visa (if applicable)
- TOEFL / IBT or TSE / IELTS results
- Employment and training certificates
- NCLEX result or CFGNS certificate for RNs or NPTE result for PTs

Ramon Austria Ijeamaka Tricia Emejuru
 Vashti Calderon Leticia Langdet
 Alfonso Rodriguez

Nurse quote of the month:

"Nurses have come a long way in a few short decades.

In the past our attention focused on physical, mental and emotional healing.

Now we talk of healing your life, healing the environment and healing the planet."

Lynn Keegan

Happy Birthday!

June-July celebrants



1jun
Maureen L.

16jun
Kristel A.

7jul
Anthony K.

22jul
Lampel L.

2jun
Cherry Rose V.

19jun
Marlene A.

9jul
Lourdes C.
Christina S.J.

24jul
Faith Severita R.

6jun
Michelle O.

22jun
Gina N.
Kimberly V.

10jul
Arifa A.

26jul
Dante Raul T.
Dulca V.

7jun
Ramonchito P.

26jun
Viviana G.S.

13jul
Cecilia J.

30jul
Melescent Marie Z.

9jun
Kerry B.

27jun
Leonor F.

19jul
Leizel Anne J.

15jun
Olivet T.

NCLEX quiz for RNs

Sample NCLEX practice exam

1. After the lungs, the kidneys work to maintain body pH. The best explanation of how the kidneys accomplish regulation of pH is that they

- A. Secrete hydrogen ions and sodium.
- B. Secrete ammonia.
- C. Exchange hydrogen and sodium in the kidney tubules.
- D. Decrease sodium ions, hold on to hydrogen ions, and then secrete sodium bicarbonate.

2. The nurse explains to a client who has just received the diagnosis of Noninsulin-Dependent Diabetes Mellitus (NIDDM) that sulfonylureas, one group of oral hypoglycemic agents, act by

- A. Stimulating the pancreas to produce or release insulin
- B. Making the insulin that is produced more available for use
- C. Lowering the blood sugar by facilitating the uptake and

utilization of glucose
D. Altering both fat and protein metabolism

3. Myasthenic crisis and cholinergic crisis are the major complications of myasthenia gravis. Which of the following is essential nursing knowledge when caring for a client in crisis?

- A. Weakness and paralysis of the muscles for swallowing and breathing occur in either crisis
- B. Cholinergic drugs should be administered to prevent further complications associated with the crisis
- C. The clinical condition of the client usually improves after several days of treatment
- D. Loss of body function creates high levels of anxiety and fear

4. A 54-year-old client was put in Quinidine (a drug that decreases myocardial excitability) to prevent

atrial fibrillation. He also has kidney disease. The nurse is aware that this drug, when given to a client with kidney disease, may

- A. Cause cardiac arrest
- B. Cause hypotension
- C. Produce mild bradycardia
- D. Be very toxic even in small doses

5. A client with a diagnosis of gout will be taking colchicine and allopurinol bid to prevent recurrence. The most common early sign of colchicine toxicity that the nurse will assess for is

- A. Blurred vision
- B. Anorexia
- C. Diarrhea
- D. Fever

ANSWERS

- 3. A
- 2. A
- 5. C
- 4. A
- 1. D

JUNO Wordfind

1. Adductors

Muscle bringing a limb or the jaw towards the body.

2. Ameloblasts

Cells which differentiate from ectoderm and secrete enamel during tooth development.

3. Biosurfactants

Products of bacteria which increase the hydrophilic nature of a surface so as to allow for better adhesion.

4. Bradykinin

One of several substances, all known as kinins, which cause vasodilation and increased capillary permeability, both events associated with inflammation.

5. Candidiasis

An infection caused by *Candida albicans*, a normal commensal of the mouth; also called "thrush."

6. Deciduous

From the Latin "falling" it applies both to trees which lose their leaves in winter and teeth which are lost to make way for the permanent set.

7. Desquamation

The detachment of cells from the

S	T	S	A	L	B	O	L	E	M	A	S	O
T	A	T	I	B	A	H	B	C	E	D	I	H
N	O	I	T	A	M	A	U	Q	S	E	D	Y
A	N	I	N	I	M	A	L	F	L	C	D	P
T	E	I	O	B	A	U	C	L	I	E	E	
C	G	A	N	G	R	E	N	E	S	D	S	R
A	H	Y	E	I	E	N	Y	M	S	O	I	P
F	I	B	R	E	K	W	I	N	O	U	N	L
R	F	W	I	C	I	Y	X	T	F	S	O	A
U	O	C	A	N	D	I	D	I	A	S	I	S
S	R	O	T	C	U	D	D	A	Y	R	V	I
O	M	R	E	D	O	D	N	E	R	W	E	A
I	U	M	R	E	D	O	T	C	E	B	A	K
B	I	E	N	I	M	A	S	O	C	U	L	G

surface of an epithelium.

8. Ectoderm

The outer of the three cell layers which form, as the clump of early embryonic cells begins to differentiate.

9. Endoderm

The inner of the three cell layers which form, as the clump of early embryonic cells begins to differentiate.

10. Fibre

A long thin string-like structure constructed of smaller fibrils and even

smaller microfibrils.

11. Fossils

Dead plant or animal remains which have become infused with minerals over many millions of years and are now hard and rock-like.

12. Gangrene

The death of tissue on a large scale.

13. Glucosamine

A glucose or galactose molecule with an amine group attached.

14. Habitat

A location which has a suitable environment for an organism to live in.

15. Hyperplasia

An increase in the size of an organ due to an increase in the numbers of cells.

16. Ionised

The loss or gain of an electron from an atom which makes it no longer neutral but an electrically charged ion.

17. Keratin

A fibrous polymer which is not as strong as collagen but less soluble.

18. Laminin

An adhesive molecule of connective tissue related to fibronectin and tenascin.



Nursing humor

Peanuts

A doctor at an insane asylum decided to take his inmates to a baseball game. For weeks in advance, he coached his patients to respond to his commands.

When the day of the game arrived, everything seemed to be going well. As the national anthem started, the doctor yelled, "Up nuts!" and the inmates complied by standing up.

After the anthem he yelled, "Down nuts!" and they all sat.

After a home run he yelled, "Cheer nuts!" and they all broke into applause and cheers.

Thinking things were going very well, he decide to go get a beer and a hot dog, leaving his assistant in charge.

When he returned there was a riot in progress. Finding his assistant, he asked what happened. The assistant replied, "Well... everything was fine until some guy walked by and yelled, "PEANUTS!"

Sometimes the truth is more amusing than fiction...

A nurse at the beginning of the shift places her stethoscope on an elderly and slightly deaf female patient's anterior chest wall. "Big breaths," instructed the nurse. "Yes. They used to be," remarked the patient.

Pinoy humor

Clock in heaven

May isang bata pumunta sa heaven at nakita niya si San Pedro nagbabantay sa labas ng gate at pinapasok siya at maraming orasan nakadikit sa pader at tinanong ng bata si San Pedro.

Bata: San pedro bakit ang daming orasan dito sa Heaven?

San Pedro: Kasi ang orasan na yan ay mga ginagawa ng tao kung may nagawang siyang kasalanan gagalaw iyan.

Bata: Ok (tinignan niya ang isang orasan at hindi ito gumagalaw)

Bata: San Pedro bakit hindi ito gumagalaw?

San Pedro: Dahil Madre iyan!

Bata: Ah, ok (tinignan niya ang isang orasan at mabagal itong gumalaw).

Bata: San Pedro bakit ito ang bagal gumalaw?

San Pedro: Dahil mabait siya hindi siya gaanong nagkakasala.

Bata: Ah, ok teka muna nasaan yung kay GMA?

San Pedro: Ah kay GMA? Nakay Jesus, ginagawang Electric Fan!

...

Vogue

Amo: Inday, kunin mo nga yung VOGUE magazine!

Inday: Mam, vogyu hindi vog.

Amo: Inday, vog ang tamang pagbigkas.

Inday: O sige na nga mam VOG na, there's no need to ARG.

...

Biik

Bakit nakayuko ang biik? Nahihiya siya dahil baboy ang nanay niya!!!

...

Kasal-Sakal!!!

Bagong kasal palang:

Babae: Wow.. you complete my life talaga.. ikaw talaga ang aking pang habang buhay.. mahal talaga kita!.. pinagtagpo tayo ng tadhana ng Diyos!!

Pagkatapos ng limang taon:

Babae: Bakit gabi ka na umuwi ng bahay ha?!!!

Pagkatapos ulit ng limang taon:

Babae: Ay!! Naku naman O, O!! Bakit isang linggo ka laging nawawala!?!?

Pagkatapos ng sampung taon: Pumunta ang babae sa simbahan at sumigaw ng WALANG DIYOS!!!!!!!!!!!!!!

...

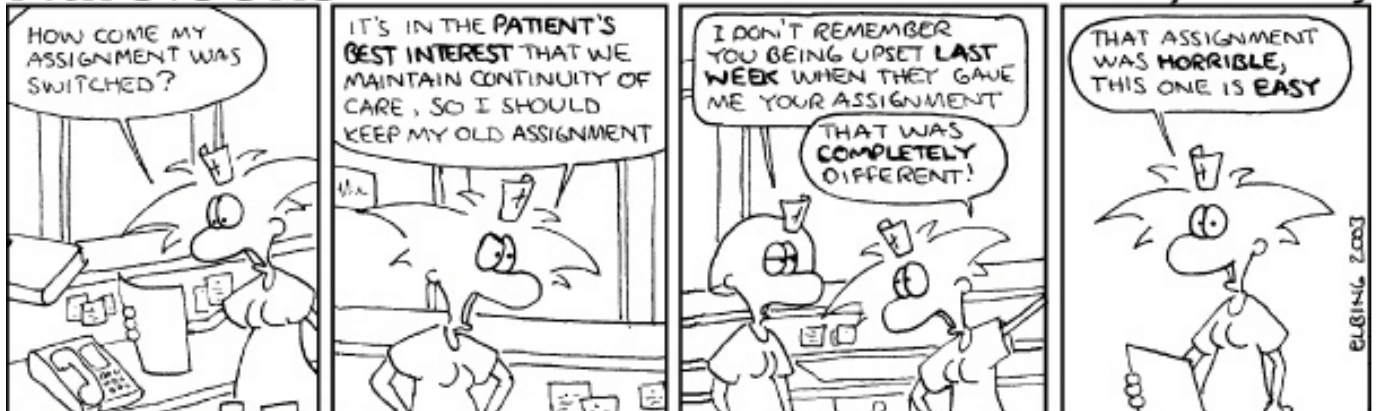
Kiss

Sekretarya: Sir, nasa telepono ang misis ninyo. Gusto raw mag-kiss sa inyo.

Boss: Busy ako. Ikaw na lang ang tumanggap ng halik niya. Kukunin ko na lang sa 'yo mamaya!

Nurstoons

by Carl Elbing



hir-ing

The #1 word in our dictionary.

While a lot of companies
are laying-off, we are hiring.

RNs, LPNs, CNAs.

Find out your employment
options with us.



putting people first.

NEW YORK

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New Jersey, Inc.

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when you need a helping hand.



Juno Healthcare Registry, Inc.
has earned The Joint Commission's
Gold Seal of Approval